

Sunday, March 11, 2018 - Hope Fellowship Church  
Sermon Notes, Pastor Dale Melenberg

## Humanity Series: Emotionality

Text: [1 Samuel 1:1-20](#)



### Three Problems!

#### Emotional Problem

#### Two Graces

#### We Graces

#### Sym | Em | Inter – Pathy

#### God Talk

#### 'GO TO' Psalms

Psalm 34.18

Psalm 23.4

Psalm 32.7

Psalm 31.2

Psalm 91.4

Psalm 55.22

Psalm 46.1

Psalm 43.5-6

Psalm 68.19

Psalm 18.2

Psalm 34.8

Psalm 34.24

Psalm 73.26

Psalm 29.11

Psalm 103.2-5

Psalm 28.7

#### To Ponder:

When someone shares with you their 'emotional wellbeing', how do you respond? Are you tempted to fix their problem, give solutions, provide assistance? Or you don't say anything, because you know what you want to say, but ... !? Maybe, if you started with this sentence, it might help both you and the person sharing with you: "I don't know what to say to you, but this is what I heard you say ..." [Be quick to listen, and slow to speak.]